



# Waiau Elementary School November 2023 Breakfast & Lunch Menu

(Breakfast in Bold)

\*\*1/2 pt. 1% White or Skim Chocolate milk included\*\*

\*Alt Cereal/Yogurt Breakfast Available  
\*\*Menu Subject to Change\*\*

<p>Oct 30- Nov 3 Parent Teacher Conference (M/T/Th/F) School Finishes at 1:00 pm          Nov 6-8 Parent Teacher Conference (M/T) School Finishes at 1:00 pm          November 9 Waiver Day          November 10 Veteran's Day          November 23-24 Thanksgiving Day Holiday (No School in Session)</p>		<p><b>1</b>  <b>Country Gravy Pizza</b>  <b>Watermelon Juice</b>          Creole Mac          Green Salad/Corn          Peaches          Diced Pears          WG Roll</p>	<p><b>2</b>  <b>Breakfast Kit</b>  <b>Banana</b>          Chicken Pot Stickers (Gyoza)          Baby Carrots          Veggie Sticks          Fruit Punch          Grapes</p>	<p><b>3</b>  <b>Cinnamon Bread Pudding</b>  <b>Craisins</b>  <b>Peaches</b>          Korean Chicken &amp; Rice          Carrots/Edamame          Diced Pears          Pineapple          WG Roll</p>
<p><b>6</b>  <b>Belgan Waffle</b>  <b>Mixed Fruits</b>  <b>Peaches</b>          Pepporoni Pizza          Veggie Sticks          Carrots          Apples</p>	<p><b>7</b>  <b>Portuguese Sausage w/ Rice</b>  <b>Pineapple Chunks</b>  <b>Applesauce</b>          Mac &amp; Cheese          Carrots/Broccoli          Fruit Slushie          Pineapple Chunks          WG Roll</p>	<p><b>8</b>  <b>Cheese Stuffed Sticks</b>  <b>Marinara Sauce</b>  <b>Cantaloupe</b>          Tuna Sand. w/ Chips          Veggie Sticks          Tomato Lettuce          Strawberry Fruit Gel          Peaches</p>	<p><b>9</b>  <b>WAIVER DAY</b>  <b>NO SCHOOL</b>  <b>IN SESSION</b></p>	<p><b>10</b>  </p>
<p><b>13</b>  <b>Plain Bagel w/ Cream Cheese</b>  <b>Peaches</b>  <b>Mixed Fruits</b>          Cheese Bites w/Marinara          Veggie Sticks          Orange</p>	<p><b>14</b>  <b>Breakfast Chicken Patty w/ Rice</b>  <b>Pears</b>  <b>Strawberry Kiwi Juice</b>          Sloppy Joe          Tater Tots          Baked Beans/Coleslaw          Peaches          Apples</p>	<p><b>15</b>  <b>School-Made Cinnamon Roll</b>  <b>Orange Wedges</b>  <b>Apple Chips</b>          Chicken Tenders w/ Rice          Carrots          Edamame          Strawberry Fruit Gel          Diced Pears</p>	<p><b>16</b>  <b>Breakfast Burrito</b>  <b>Salsa Cup</b>  <b>Orange Wedges</b>          Hamburger Curry w/ Rice          Corn/Green Salad          Cran Razz Juice          Pineapple          WG Roll</p>	<p><b>17</b>  <b>Breakfast Pizza</b>  <b>Watermelon</b>  <b>Pineapple</b>          Mini Corn Dogs          Carrots          Veggie Sticks          Orange</p>
<p><b>20</b>  <b>French Toast Sticks</b>  <b>Pineapple Chunks</b>  <b>Apple Chips</b>          Cheese Pizza          Celery Sticks or          Cucumber          Edamame          Apple</p>	<p><b>21</b>  <b>Portuguese Sausage w/ Rice</b>  <b>Cantaloupe</b>  <b>Sliced Peaches</b>          Chili &amp; Cheese Nachos          Green Salad          Chopped Tomato          Strawberry Kiwi Juice          Mixed Fruit</p>	<p><b>22</b>  <b>Pizza Bagel</b>  <b>Grapes</b>  <b>Diced Pears</b>          Chicken Sandwich          Chicken Noodle Soup          Lettuce &amp; Tomato          Emoticon Potato          Apple Wedges/Pears</p>	<p><b>23</b>                      <b>24</b></p> 	
<p><b>27</b>  <b>Plain Bagel w/ Cream Cheese</b>  <b>Diced Pears</b>  <b>Apple Chips</b>          Tasty Tenders &amp; Rice          Broccoli/Baked Beans          Orange Fruit Gel          Apples          WG Roll</p>	<p><b>28</b>  <b>Portuguese Sausage w/ Rice</b>  <b>Honeydew Melon</b>  <b>Pineapple Chunks</b>          Teri Burger          Potato Wedges          Leaf Lettuce/Tomato          Veggie Sticks          Orange/Mixed Fruit</p>	<p><b>29</b>  <b>Country Gravy Pizza</b>  <b>Watermelon Juice</b>          Creole Mac          Green Salad/Corn          Peaches          Diced Pears          WG Roll</p>	<p><b>30</b>  <b>Breakfast Kit</b>  <b>Banana</b>          Chicken Pot Stickers (Gyoza)          Baby Carrots          Veggie Sticks          Fruit Punch          Grapes</p>	<p><b>1</b>  <b>Cinnamon Bread Pudding</b>  <b>Craisins</b>  <b>Peaches</b>          Korean Chicken &amp; Rice          Carrots/Edamame          Diced Pears          Pineapple          WG Roll</p>

This institution is an equal opportunity provider







# Ke Kula o Waiiau Alemanaka Mea Ai Nowempapa 2023

Kaele ka Aina Kakahiaka

\*He koho siriala/waiu tepe kau  
\*\*Hiki ke loli na ano mea ai\*\*

\*\*1/2 paina. 1% Waiu a i ole waiu Kokoleka ma ke pa\*\*

<p>Ok 30 - Now 3 Hālāwai Kumu-Mākua (P1/P2/P4/P5) Pau ke kula ma ka hola 1.00pm Now 6 - Now 7 Hālāwai Kumu-Mākua (P1/P2) Pau ke kula ma ka hola 1.00pm Nowemapa 9 Lā Hana Kumu Nowemapa 10 Lā Pū'ali Koa Nowemapa 23-24 Lā Ho'omaika'i ('A'ohē Kula)</p>	<p>1 <b>Paipika Kai Ono Ipu Ai Waha Wai Huaai</b> Makaloni lo Saleta me ke Kulina Piki Palaoa</p>	<p>2 <b>Pa Kakaiaha Maia</b> Kioza Kaloke Lau Lauai Wai Huaai Hua Waina</p>	<p>3 <b>Palaoa Kinamona Hua Waina Maloo Piki</b> Moa Kolea me ka Laiki Kaloke a me na Edamame Piki Hala Kahiki Palaoa</p>	
<p>6 <b>Palaoa Kipoopoo Hua Ai Like Ole Piki</b> Paipika Pepaloni Lau Lau Ai Kaloke Apala</p>	<p>7 <b>Naaukake Pukiki me ka Laiki Hala Kahiki Kai Apala</b> Makaloni me ka Waiupaa Kaloke me ka Palakali Hau Momona Hala Kahiki Palaoa</p>	<p>8 <b>Lau Waiupaa Kai Pakeki Ipu Ala</b> Kanauika Ahi me na Kipi Lau Lau Ai Lekuke me ka Ohia Lomi Mea Ono Ohelo Papa Piki</p>	<p>9 <b>AOHE KULA</b></p>	<p>10 </p>
<p>13 <b>Pekala me ka Waiupaa Piki Hua Ai Like Ole</b> Poke Waiupaa me ke Kai Pakeki Lau Lauai Alani</p>	<p>14 <b>Moa Kakahiaka me ka Laiki Pea Wai Huaai</b> Kanauika lo Ono Uala Moa ia Papapa Moa ia Saleta Kai Piki a me ka Apala</p>	<p>15 <b>Lola Kinamona Alani Kipi Apala</b> Lau Moa me ka Laiki Kaloke Edamame Mea Ono Ohelo Papa Piki</p>	<p>16 <b>Lola Mekiko Kakahiaka Kai Mekiko Alani</b> Hamapuka Kai Akia me ka Laik Kulina me ka Saleta Wai Huaai Hala Kahiki Palaoa</p>	<p>17 <b>Paipika Kakahiaka Ipu Ai Waha Hala Kahiki</b> Naaukake Iki Kaloke Lau Lauai Alani</p>
<p>20 <b>Lau Palaoa Palani Hala Kahiki Kipi Apala</b> Paipika Waiupaa Kelaki a i ole Kaukama Edamame Apala</p>	<p>21 <b>Naaukake Pukiki me ka Laiki Ipu Ala Piki</b> Kipi Mekiko Kili Saleta Ohia Lomi Wai Huaai Huaai Like Ole</p>	<p>22 <b>Pekala Paipika Hua Waina Piki</b> Kanauika Moa Kupa Moa me ka Nulu Lekuke me ka Ohia Lomi Uala Minoaka Apala me ka Piki</p>	<p>23 24 </p>	
<p>27 <b>Pekala me ka Waiupaa Pea Kipi Apala</b> Lau Moa me ka Laiki Palakali me ka Papapa Mea Ono Alani Apala Palaoa</p>	<p>28 <b>Naaukake Pukiki me ka Laiki Hala Kahiki Kai Apala</b> Makaloni me ka Waiupaa Kaloke me ka Palakali Hau Momona Hala Kahiki Palaoa</p>	<p>29 <b>Paipika Kai Ono Ipu Ai Waha Wai Huaai</b> Makaloni lo Saleta me ke Kulina Piki Pea Palaoa</p>	<p>30 <b>Pa Kakaiaha Maia</b> Kioza Kaloke Lau Lauai Wai Huaai Hua Waina</p>	<p>1 <b>Palaoa Kinamona Hua Waina Maloo Piki</b> Moa Kolea me ka Laiki Kaloke a me na Edamame Piki Hala Kahiki Palaoa</p>

He wahi puuhonua keia ia kakou

