

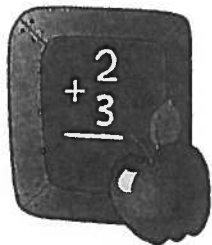
# Wai'au Elementary School September 2018 Breakfast & Lunch Menu

(Breakfast in Bold)

\*Alt Cereal/Yogurt Breakfast Available  
\*\*Menu Subject to Change\*\*

\*\*1/2 pt. 1% White or Skim Chocolate milk included\*\*

<p>3</p> <p style="text-align: center;"><b>Labor Day</b></p> <p style="text-align: center;">No School in Session</p>	<p>4</p> <p style="text-align: center;"><b>Frankfurter Steamed Rice</b> <b>Peaches &amp; Grape Juice</b></p> <p>Nachos w/ Chili and Cheese House Salad Grape Tomato Orange Juice</p> <p style="text-align: right;">B</p>	<p>5</p> <p style="text-align: center;"><b>Breakfast Smoothie</b> <b>Apple Wedges</b></p> <p>Golden Nuggets Steamed Rice Pickled Cabbage Broccoli &amp; Carrots Cantaloupe</p> <p style="text-align: right;">A</p>	<p>6</p> <p style="text-align: center;"><b>Coffee Cake</b> <b>Turkey Links</b> <b>Mixed Fruits &amp; Grape Juice</b></p> <p>Turkey w/ Gravy Steamed Rice, WG Roll Coleslaw Broccoli Florets, Baby Carrots Sliced Peaches</p> <p style="text-align: right;">C</p>	<p>7</p> <p style="text-align: center;"><b>Ham &amp; Cheese Sandwich</b> <b>Pineapple</b> <b>Cranberries</b></p> <p>Chicken Nuggets WG Roll Potato Wedges Rainbow Salad Honeydew Melon</p> <p style="text-align: right;">D</p>
<p>10</p> <p style="text-align: center;"><b>Teachers' Plan/Collab Day</b></p> <p style="text-align: center;">No School for Students</p>	<p>11</p> <p style="text-align: center;"><b>Applesauce Muffin</b> <b>Pineapple</b> <b>Grape Juice</b></p> <p>Baja Fish Taco w/ Asian Slaw, Garlic Aioli Corn/Carrots/Edamame Apple Wedges Fruit Muffin</p> <p style="text-align: right;">E</p>	<p>12</p> <p style="text-align: center;"><b>Greek Yogurt &amp; WG Toast</b> <b>Papaya and Pineapple</b> <b>Orange Juice</b></p> <p>Turkey Pastrami on Bun House Salad Baby Carrots Fruit Cocktail</p> <p style="text-align: right;">A</p>	<p>13</p> <p style="text-align: center;"><b>WG Pancake</b> <b>Strawberry</b> <b>Apple Juice</b></p> <p>Corndog Baked Beans House Salad Baby Carrots Grape Juice</p> <p style="text-align: right;">B</p>	<p>14</p> <p style="text-align: center;"><b>Hawaiian Style Sausage</b> <b>Steamed Rice</b> <b>Peaches &amp; Apple Juice</b></p> <p>Roast Pork w/ Gravy Steamed Rice Vegetable Juice Lomi Tomato Pineapple</p> <p style="text-align: right;">C</p>
<p>17</p> <p style="text-align: center;"><b>Maple Pancake Wrap</b> <b>Sliced Peaches</b> <b>Cranberries</b></p> <p>Sloppy Joe Tater Tots House Salad Apple Wedge Cookie</p> <p style="text-align: right;">D</p>	<p>18</p> <p style="text-align: center;"><b>School-Made Banana Bread</b> <b>Pineapple</b> <b>Grape Juice</b></p> <p>Breaded Chicken Strips Steamed Rice House Salad Mixed Fruit</p> <p style="text-align: right;">E</p>	<p>19</p> <p style="text-align: center;"><b>Waffle w/ Fruit Topping</b> <b>Mixed Fruit</b> <b>Orange Juice</b></p> <p>Chili Frank Steamed Rice Corn/Carrots/Edamame Baby Carrots &amp; Hummus Pineapple</p> <p style="text-align: right;">A</p>	<p>20</p> <p style="text-align: center;"><b>Hawaiian Style Sausage</b> <b>Steamed Rice</b> <b>Seasonal Fruit &amp; Grape Juice</b></p> <p>Tuna Sandwich Asian Slaw House Salad Fruit Slushy</p> <p style="text-align: right;">B</p>	<p>21</p> <p style="text-align: center;"><b>Breakfast Quesadilla</b> <b>Pineapple</b> <b>Orange Wedges</b></p> <p>Hot Turkey Sandwich Whipped Potato House Salad Orange Wedges</p> <p style="text-align: right;">C</p>
<p>24</p> <p style="text-align: center;"><b>Apple Pastry</b> <b>Apple Juice</b> <b>Orange Wedge</b></p> <p>Crispy Beef &amp; Cheese Nachos House Salad Grape Tomato Orange Juice</p> <p style="text-align: right;">D</p>	<p>25</p> <p style="text-align: center;"><b>Breakfast Sliders</b> <b>Peaches</b> <b>Grape Juice</b></p> <p>Fish Wedge Steamed Rice Baked Beans Rainbow Salad Fruit Slushy</p> <p style="text-align: right;">A</p>	<p>26</p> <p style="text-align: center;"><b>Mini Pancakes</b> <b>Banana</b> <b>Apple Wedges</b></p> <p>Br. Chicken Tenders Steamed Rice Pickled Cabbage Broccoli &amp; Carrots Cantaloupe</p> <p style="text-align: right;">E</p>	<p>27</p> <p style="text-align: center;"><b>Fried Rice &amp; Eggs</b> <b>Mixed Fruits</b> <b>Grape Juice</b></p> <p>Cheeseburger Potato Wedge Rainbow Salad Honeydew Melon</p> <p style="text-align: right;">B</p>	<p>28</p> <p style="text-align: center;"><b>Cinnamon Toast &amp; Ham Links</b> <b>Pineapple</b> <b>Cranberries</b></p> <p>Asian Style Chicken w/ Rice WG Roll Coleslaw Broccoli and Baby Carrots Peaches</p> <p style="text-align: right;">C</p>



September 3- Labor Day ( No School in Session)

September 10- Teachers' Planning and Collaboration ( No School for Students)

September 25- Fall Picture Taking Make-ups

