

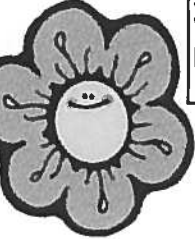
Waiau Elementary School September 2019 Breakfast & Lunch Menu

(Breakfast in Bold)

1/2 pt. 1% White or Skim Chocolate milk included

*Alt Cereal/Yogurt Breakfast Available
Menu Subject to Change

<p>2</p> <p style="text-align: center;">LABOR DAY</p> <p style="text-align: center;">NO SCHOOL IN SESSION</p>	<p>3</p> <p style="text-align: center;">Ham & Cheese Roll Peaches Apple Wedges</p> <p>Hot Dog in Bun Veggie Stick w/ Dip Fries Fruit Slushy Apple Wedges B</p>	<p>4</p> <p style="text-align: center;">Fried Rice Portuguese Sausage</p> <p><i>Apple Wedges & Orange Juice</i></p> <p>Beef Stew Steamed Rice Steamed Corn/Broccoli Orange Wedges C</p>	<p>5</p> <p style="text-align: center;">Applesauce Muffin Orange Wedges Grape Juice</p> <p>Roast Pork Steamed Rice Corn Rainbow Salad Orange Wedges D</p>	<p>6</p> <p style="text-align: center;">Cinnamon Roll Orange Wedges Apple Juice</p> <p>Korean Chicken Steamed Rice Spinach/Romaine Salad Edamame/Carrots Pineapple E</p>
<p>9</p> <p style="text-align: center;">Pepperoni Pizza Stick Pineapple Apple Wedges</p> <p>BBQ Pork Sandwich Fries Coleslaw Peaches A</p>	<p>10</p> <p style="text-align: center;">Pork Sausage Patty Steamed Rice Banana & Peaches</p> <p>Vegetarian Pizza Spinach/Romaine Salad Veggie Sticks w/ Dip Orange Wedges B</p>	<p>11</p> <p style="text-align: center;">Papaya Bread Apple Wedges Orange Juice</p> <p>Sweet & Sour Pork Steamed Rice Rainbow Salad Edamame Grape Juice C</p>	<p>12</p> <p style="text-align: center;">Ham Link in a Bun Orange Wedges Apple Juice</p> <p>Beef Patty w/ Gravy Whipped Potatoes Corn/Carrots Apple Wedges D</p>	<p>13</p> <p style="text-align: center;">Fried Rice Portuguese Sausage</p> <p><i>Orange Wedges & Grape Juice</i></p> <p>Asian Chicken Steamed Rice Steamed Carrot/Edamame Apple Wedges E</p>
<p>16</p> <p style="text-align: center;">TEACHERS PLANNING AND COLLABORATION</p> <p style="text-align: center;">NO SCHOOL FOR STUDENTS</p>	<p>17</p> <p style="text-align: center;">Portuguese Sausage Steamed Rice Applesauce & Banana</p> <p>Teri Burger Veggie Sticks w/ Dip Fries Orange Wedges B</p>	<p>18</p> <p style="text-align: center;">Plain Bagel w/ Cream Cheese Orange Wedges Apple Juice</p> <p>Creole Macaroni Spinach/Romaine Salad Veggie Sticks w/ Dip Pineapple C</p>	<p>19</p> <p style="text-align: center;">Chicken Patty w/ Gravy Steamed Rice</p> <p><i>Apple Wedges & Grape Juice</i></p> <p>Chicken Broccoli Steamed Rice Steamed Corn/Carrots Fruit Cocktail D</p>	<p>20</p> <p style="text-align: center;">Cinnamon Roll Peaches Apple Wedges</p> <p>Turkey Pastrami Sandwich Veggie Sticks w/ Dip Edamame Apple Wedges E</p>
<p>23</p> <p style="text-align: center;">Pancake w/ Syrup Pineapple Banana</p> <p>Chicken Pasta Florentine Rainbow Salad Orange Wedges A</p>	<p>24</p> <p style="text-align: center;">Pepperoni Pizza Stick Orange Wedges Apple Juice</p> <p>Tuna Sandwich Rainbow Salad Fries Fruit Slushy B</p>	<p>25</p> <p style="text-align: center;">Plain Bagel w/ Cream Cheese Peaches Apple Wedges</p> <p>Sloppy Joe Veggie Sticks w/ Dip Baked Beans Cantaloupe C</p>	<p>26</p> <p style="text-align: center;">Gingerbread Cake Apple Wedges Orange Juice</p> <p>Cheese Pizza Spinach/Romaine Salad Edamame Baby Carrots Orange Wedges D</p>	<p>27</p> <p style="text-align: center;">Pork Links Steamed Rice</p> <p><i>Grape Juice & Orange Wedges</i></p> <p>Chicken Tenders Steamed Rice Corn Steamed Broccoli Apple Wedges E</p>
<p>30</p> <p style="text-align: center;">Cinn. Bagel w/ Cream Cheese Pineapple Banana</p> <p>Nachos w/ Beef & Cheese Spinach/Romaine Salad Veggie Sticks w/ Dip Honeydew Melon A</p>	<p>1</p> <p style="text-align: center;">Chicken Patty Steamed Rice</p> <p><i>Apple Wedges & Orange Juice</i></p> <p>Popcorn Chicken Steamed Rice Corn/Carrots Orange Wedges B</p>	<p>2</p> <p style="text-align: center;">Yogurt w/ Granola Toast</p> <p><i>Orange Wedges & Apple Juice</i></p> <p>Hot Turkey Sandwich Whipped Potatoes Carrots/Edamame Apple Wedges C</p>	<p>3</p> <p style="text-align: center;">Coffee Cake Mixed Fruits Apple Wedges</p> <p>Fish Sandwich Rainbow Salad Edamame Grape Juice D</p>	<p>4</p> <p style="text-align: center;">Pizza Bagel Orange Wedges Grape Juice</p> <p>Kalua Pig w/ Cabbage Steamed Rice Lomi Tomato Pineapple Chunks E</p>



This institution is an equal opportunity provider