



Waiau Elementary School October 2020 Breakfast & Lunch Menu

(Breakfast in Bold)

*Alt Cereal/Yogurt Breakfast Available
Menu Subject to Change

1/2 pt. 1% White or Skim Chocolate milk included

Oct. 12 - Start of 2nd Quarter (continue distance learning)
14 - Start date to complete Federal Impact Aid Survey forms

Oct. 26 - Nov. 6 - Parent Teacher Conferences

"Grab and Go Meal" update: Seamless Summer Option Program extended.

Waiau Elementary will operate as an open feeding site providing meals to all children 18 years and younger in the community, at no charge. Please continue to complete our weekly order form found on the Waiau website. *New serving time will be from 10:30 - 11:00am.* Breakfast and lunch will be served at the same time. The breakfast is intended to be a meal for the next school day. This meal service will run from Oct. 12 thru Dec. 18, 2020.

5 6 7 8 9 Fall Break

<p>12 NO BREAKFAST SERVED TODAY Nachos w/ Beef & Cheese Spinach/Romaine Salad Veggie Sticks w/ Dip Apple Wedges</p>	<p>13 Papaya Bread Power Punch Juice Craisins Popcorn Chicken Steamed Rice Corn/Carrots Pineapple</p>	<p>14 Cereal w/ Cheez-Its Banana Pineapple Chunks Hot Turkey Sandwich Corn Carrots/Edamame Apple Wedges</p>	<p>15 Plain Bagel w/ Cream Cheese Power Punch Juice Sliced Peaches Fish Sandwich Rainbow Salad Edamame Power Punch</p>	<p>16 Cereal w/ Marshmallow Sq. Apple Wedges Pineapple Chunks Kalua Pig w/ Cabbage Steamed Rice Lomi Tomato Pineapple</p>
<p>19 Cereal w/ Cinnamon Crisp Apple Wedges Pineapple Chunks Corn Dog Veggie Sticks w/ Hummus Potato Rounds Apple Wedges</p>	<p>20 Pineapple Sunrise Surprise Power Punch Juice Fruit Cocktail Pepperoni Pizza Veggie Stick w/ Dip Edamame Apple Wedge</p>	<p>21 Cereal w/ Cheez-Its Banana Craisins Chili Steamed Rice Corn Fruit Cocktail</p>	<p>22 Fruited Muffin Power Punch Juice Sliced Peaches Chicken Tenders Steamed Rice Spinach/Romaine Salad Veggie Sticks w/ Dip Pineapple Chunks</p>	<p>23 Cereal w/ Marshmallow Sq. Apple Wedges Pineapple Chunks Meatloaf w/ Gravy Steamed Rice Broccoli/Carrots Apple Wedges</p>
<p>26 Cereal w/ Cinnamon Crisp Apple Wedges Sliced Peaches Chicken Patty on Bun Veggie Sticks w/ Dip Baked Beans Apple Wedges</p>	<p>27 Cinn. Bagel w/ Cream Cheese Power Punch Juice Craisins Hot Dog in Bun Veggie Stick w/ Dip Potato Rounds Fruit Slushy</p>	<p>28 Cereal w/ Cheez-Its Banana Fruit Cocktail Beef Stew Steamed Rice Corn Steamed Broccoli Banana</p>	<p>29 Coffee Cake Power Punch Juice Pineapple Chunks Roast Pork Steamed Rice Rainbow Salad Corn Apple Wedges</p>	<p>30 Cereal w/ Marshmallow Sq. Apple Wedges Sliced Peaches Korean Chicken Steamed Rice Spinach/Romaine Salad Edamame/Carrots Pineapple</p>



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