




# Waiau Elementary School November 2020 Breakfast & Lunch Menu

(Breakfast in Bold)

\*Alt Cereal/Yogurt Breakfast Available  
\*\*Menu Subject to Change\*\*

\*\*\*1/2 pt. 1% White or Skim Chocolate milk included\*\*

<p><b>2</b> <b>Cereal w/ Cinnamon Crisp Apple Wedges Fruit Cocktail</b> BBQ Pork Sandwich Potato Rounds Coleslaw Peaches</p>	<p><b>3</b> <b>ELECTION DAY</b> </p>	<p><b>4</b> <b>Cereal w/ Cheez-Its Banana Pineapple Chunks</b> Sweet &amp; Sour Pork Steamed Rice Rainbow Salad Edamame Power Punch</p>	<p><b>5</b> <b>Plain Bagel w/ Cream Cheese Power Punch Juice Sliced Peaches</b> Beef Patty w/ Gravy Steamed Rice Corn/Carrots Apple Wedges</p>	<p><b>6</b> <b>Cereal w/ Marshmallow Sq. Apple Wedges Pineapple Chunks</b> Baked Chicken Steamed Rice Steamed Carrots Edamame Apple Wedges</p>
<p><b>9</b> <b>Cereal w/ Cinnamon Crisp Apple Wedges Pineapple Chunks</b> Chicken Patty w/ Gravy Steamed Rice Broccoli/Carrots Apple Wedges</p>	<p><b>10</b> <b>Pineapple Sunrise Surprise Power Punch Juice Fruit Cocktail</b> Teri Burger Potato Rounds Veggie Sticks w/ Hummus Fruit Cocktail</p>	<p><b>11</b>  <b>VETERANS' DAY</b></p>	<p><b>12</b> <b>Fruited Muffin Power Punch Juice Sliced Peaches</b> Chicken Broccoli Steamed Rice Steamed Corn Fruit Cocktail</p>	<p><b>13</b> <b>Cereal w/ Marshmallow Sq. Apple Wedges Pineapple Chunks</b> Turkey Pastrami Sandwich Veggie Sticks w/ Dip Edamame Apple Wedges</p>
<p><b>16</b> <b>Cereal w/ Cinnamon Crisp Apple Wedges Sliced Peaches</b> Chicken Pasta Florentine Rainbow Salad Apple Wedges</p>	<p><b>17</b> <b>Cinn. Bagel w/ Cream Cheese Power Punch Juice Craisins</b> Tuna Sandwich Fries Veggie Stick w/ Dip Fruit Slushy</p>	<p><b>18</b> <b>Cereal w/ Cheez-Its Banana Fruit Cocktail</b> Sloppy Joe Baked Beans Veggie Stick w/ Dip Apple Wedges</p>	<p><b>19</b> <b>Coffee Cake Power Punch Juice Pineapple Chunks</b> Cheese Pizza Spinach/Romaine Salad Edamame Baby Carrots Fruit Cocktail</p>	<p><b>20</b> <b>Cereal w/ Marshmallow Sq. Apple Wedges Sliced Peaches</b> Chicken Tenders Steamed Rice Corn Steamed Broccoli Apple Wedges</p>
<p><b>23</b> <b>Cereal w/ Cinnamon Crisp Apple Wedges Fruit Cocktail</b> Nachos w/ Beef &amp; Cheese Spinach/Romaine Salad Veggie Sticks w/ Dip Apple Wedges</p>	<p><b>24</b> <b>Papaya Bread Power Punch Juice Craisins</b> Popcorn Chicken Steamed Rice Corn Carrots Pineapple</p>	<p><b>25</b> <b>Cereal w/ Cheez-Its Banana Pineapple Chunks</b> Hot Turkey Sandwich Corn Carrots/Edamame Apple Wedges</p>	<p><b>26</b> <span style="float: right;"><b>27</b></span>  <b>Happy Thanksgiving</b></p>	
<p><b>30</b> <b>Cereal w/ Cinnamon Crisp Apple Wedges Pineapple Chunks</b> Corn Dog Potato Rounds Veggie Sticks w/ Hummus Apple Wedges</p>	<p><b>1</b> <b>Pineapple Sunrise Surprise Power Punch Juice Fruit Cocktail</b> Pepperoni Pizza Veggie Stick w/ Dip Edamame Apple Wedge</p>	<p><b>2</b> <b>Cereal w/ Cheez-Its Banana Craisins</b> Chili Steamed Rice Corn Fruit Cocktail</p>	<p><b>3</b> <b>Fruited Muffin Power Punch Juice Sliced Peaches</b> Chicken Tenders Steamed Rice Spinach/Romaine Salad Veggie Sticks w/ Dip Pineapple Chunks</p>	<p><b>4</b> <b>Cereal w/ Marshmallow Sq. Apple Wedges Pineapple Chunks</b> Meatloaf w/ Gravy Steamed Rice Broccoli/Carrots Apple Wedges</p>