

Waiau Elementary School September 2021 Breakfast & Lunch Menu

(Breakfast in Bold)

1/2 pt. 1% White or Skim Chocolate milk included

*Alt Cereal/Yogurt Breakfast Available

Menu Subject to Change

<p>30</p> <p>Cereal w/ Toast Applesauce Paradise Punch Juice</p> <p>Brd. Chicken Tenders Steamed Rice Steamed Carrots/Edamame Apple Chips A</p>	<p>31</p> <p>Portuguese Sausage Steamed Rice Pineapple Chunks Apple Wedges</p> <p>Pepperoni Pizza Green Salad B Veggie Sticks w/ Hummus Fruit Punch Juice</p>	<p>1</p> <p>Mini Pancakes Mixed Fruits Craisins</p> <p>Sloppy Joe Wedge Fries Green Salad MOG Slushy C</p>	<p>2</p> <p>School-Made Cinnamon Roll Diced Pears Fruit Punch Juice</p> <p>Macaroni & Cheesë Baked Beans Asian Slaw Apple Wedges D</p>	<p>3</p> <p>Breakfast Pizza Orange Wedges Apple Chips</p> <p>Roast Turkey w/ Gravy Mashed Potatoes Baby Carrots Diced Pears E WG Roll</p>
<p>6</p> <p style="text-align: center;">LABOR DAY HOLIDAY</p> <p style="text-align: center;">NO SCHOOL IN SESSION</p>	<p>7</p> <p>Plain Bagel w/ Cream Cheese Diced Pears Apple Wedges</p> <p>Spaghetti w/ Meat Sauce Green Salad Edamame Applesauce B</p>	<p>8</p> <p>Country Gravy Pizza Pineapple Chunks Craisins</p> <p>Chicken Mozzarella Sandwich Emoticon Potatoes Marinara Sauce Cup Orange Wedges C</p>	<p>9</p> <p>Fruited Muffin Turkey Ham Sliced Peaches Grape Juice</p> <p>Cheese Bites w/ Marinara Veggie Sticks Grape Slushy D</p>	<p>10</p> <p>Cereal w/ Toast Applesauce Orange Wedges</p> <p>Asian Chicken Steamed Rice Green Salad E Carrots & Celery Sticks Cran & Razz Juice</p>
<p>13</p> <p>Portuguese Sausage Steamed Rice Applesauce Craisins</p> <p>Cheese Pizza Green Salad Baby Carrots A Craisins</p>	<p>14</p> <p>Belgian Waffle Mixed Fruits Apple Wedges</p> <p>Fish Sandwich Wedge Fries Baked Beans Veggie Sticks B White Grape Slushy</p>	<p>15</p> <p>Cereal w/ Toast Sliced Peaches Grape Juice</p> <p>Creole Macaroni Coleslaw Steamed Corn/Edamame Orange Wedges C</p>	<p>16</p> <p>Cheese Stuffed Sticks Marinara Sauce Fruit Punch Juice</p> <p>Roast Pork w/ Gravy Steamed Rice Steamed Broccoli & Carrots Strawberry Kiwi Juice D</p>	<p>17</p> <p>School-Made Cinnamon Roll Orange Wedges Apple Chips</p> <p>Hot Dog in Bun Tater Tots Baby Carrots Veggie Sticks E Pineapple Chunks</p>
<p>20</p> <p>Pizza Bagel Mixed Fruit Grape Juice</p> <p>Cheeseburger Tater Tots Baked Beans Coleslaw A Mixed Fruit</p>	<p>21</p> <p>Brd. Chicken Patty Steamed Rice Sliced Peaches & Craisins</p> <p>Tuna Sandwich w/ Chowder Green Salad Tomato Wedges Edamame B POG Slushy</p>	<p>22</p> <p>Cereal w/ Cheez-Its Diced Pears Banana</p> <p>Beef Chili Nachos Steamed Broccoli/Corn Grape Juice C</p>	<p>23</p> <p>French Toast Sticks w/ Syrup Pineapple Chunks Power Punch Juice</p> <p>Tasty Chicken Tenders Steamed Rice Green Salad/Baby Carrots Veggie Sticks D Applesauce</p>	<p>24</p> <p>Coffee Cake w/ Turkey Ham Orange Wedges Apple Chips</p> <p>Kalua Pork w/ Cabbage Steamed Rice Diced Tomato w/ Green Onions E Pineapple Chunks</p>
<p>27</p> <p>Cereal w/ Toast Applesauce Paradise Punch Juice</p> <p>Brd. Chicken Tenders Steamed Rice Steamed Carrots/Edamame Apple Chips A</p>	<p>28</p> <p>Portuguese Sausage Steamed Rice Pineapple Chunks Apple Wedges</p> <p>Pepperoni Pizza Green Salad B Veggie Sticks w/ Hummus Fruit Punch Juice</p>	<p>29</p> <p>Mini Pancakes Mixed Fruits Craisins</p> <p>Sloppy Joe Wedge Fries Green Salad MOG Slushy C</p>	<p>30</p> <p>School-Made Cinnamon Roll Diced Pears Fruit Punch Juice</p> <p>Macaroni & Cheese Baked Beans Asian Slaw Apple Wedges D</p>	<p>1</p> <p>Breakfast Pizza Orange Wedges Apple Chips</p> <p>Roast Turkey w/ Gravy Mashed Potatoes Baby Carrots Diced Pears E WG Roll</p>

This institution is an equal opportunity provider