

# Wai'au Elementary School May 2021 Grab & Go Menu

(Breakfast in Bold)

\*Alt Cereal/Yogurt Breakfast Available

\*\*Menu Subject to Change\*\*

\*\*1/2 pt. 1% White or Skim Chocolate milk included\*\*

<p><b>3</b> <b>Cereal w/ Cinnamon Crisp Sliced Peaches Apple Wedges</b> Pepperoni Pizza Romaine Salad Carrots Pineapple Chunks Orange Wedges</p>	<p><b>4</b> <b>Cinn. Bagel w/ Cream Cheese Pineapple Chunks Power Punch Juice</b> Teri Burger Potato Smiles Carrot Sticks Fruit Cocktail Fruit Slushy</p>	<p><b>5</b> <b>Cereal w/ Cheez-Its Applesauce Strawberry Apple Chips</b> Chicken Tenders w/ Rice Baked Beans Carrots/Broccoli/Corn Applesauce Power Punch Juice</p>	<p><b>6</b> <b>Coffee Cake Diced Pears Craisins</b> Hot Dog in Bun Spiral Fries Carrots Apple Wedges Strawberry Apple Chips</p>	<p><b>7</b> <b>Cereal w/ Marshmallow Sq. Fruit Cocktail Orange Wedges</b> Turkey Pastrami Sandwich Veggie Sticks w/ Dip Edamame Peaches Fruit Slushy</p>
<p><b>10</b> <b>Cereal w/ Cinnamon Crisp Diced Pears Apple Wedges</b> Cheese Pizza Romaine Salad Carrots Orange Wedges Power Punch Juice</p>	<p><b>11</b> <b>Papaya Bread Fruit Cocktail Strawberry Apple Chips</b> Incredible Burger Veggie Sticks w/ Dip Wedge Fries Diced Pears Fruit Slushy</p>	<p><b>12</b> <b>Cereal w/ Cheez-Its Pineapple Chunks &amp; Banana</b> Chicken Patty w/ Gravy Steamed Rice Baked Beans Carrots/Broccoli/Corn Sliced Peaches Power Punch Juice</p>	<p><b>13</b> <b>Plain Bagel w/ Cream Cheese Sliced Peaches Power Punch Juice</b> Tuna Sandwich Veggie Sticks w/ Dip Edamame Pineapple Chunks Fruit Slushy</p>	<p><b>14</b> <b>Cereal w/ Marshmallow Sq. Applesauce Orange Wedges</b> Vegetarian Chili w/ Rice Romaine Salad Carrot Sticks Fruit Cocktail Apple Wedges</p>
<p><b>17</b> <b>Cereal w/ Cinnamon Crisp Pineapple Chunks Apple Wedges</b> Cheese Bites Romaine Salad Fresh Carrots Diced Pears Orange Wedges</p>	<p><b>18</b> <b>Pineapple Sunrise Surprise Fruit Cocktail Craisins</b> Fish Sandwich Veggie Sticks w/ Dip Pineapple Chunks Fruit Slushy</p>	<p><b>19</b> <b>Cereal w/ Cheez-Its Diced Pears &amp; Banana</b> Tasty Tenders Steamed Rice &amp; Roll Baked Beans Carrots/Broccoli/Corn Applesauce Banana</p>	<p><b>20</b> <b>Fruited Muffin Sliced Peaches Power Punch Juice</b> Chicken Sandwich Rainbow Salad Edamame Fruit Cocktail Fruit Slushy</p>	<p><b>21</b> <b>Cereal w/ Marshmallow Sq. Applesauce Orange Wedges</b> Popcorn Chicken w/ Rice Corn Carrots Peaches Power Punch Juice</p>
<p><b>24</b> <b>Cereal w/ Cinnamon Crisp Sliced Peaches Apple Wedges</b> Pepperoni Pizza Romaine Salad Carrots Pineapple Chunks Orange Wedges</p>	<p><b>25</b> <b>Cinn. Bagel w/ Cream Cheese Pineapple Chunks Power Punch Juice</b> Teri Burger Potato Smiles Carrot Sticks Fruit Cocktail Fruit Slushy</p>	<p><b>26</b> <b>Cereal w/ Cheez-Its Applesauce Strawberry Apple Chips</b> Chicken Tenders w/ Rice Baked Beans Carrots/Broccoli/Corn Applesauce Power Punch Juice</p>	<p><b>27</b> <b>Coffee Cake Diced Pears Craisins</b> Hot Dog in Bun Spiral Fries Carrots Apple Wedges Strawberry Apple Chips</p>	<p><b>28</b> <b>Cereal w/ Marshmallow Sq. Fruit Cocktail Orange Wedges</b> Turkey Pastrami Sandwich Veggie Sticks w/ Dip Edamame Peaches Fruit Slushy</p>





# Waiiau Elementary School May 2021 Breakfast & Lunch Menu

(Breakfast in Bold)

\*\*1/2 pt. 1% White or Skim Chocolate milk included\*\*

\*Alt Cereal/Yogurt Breakfast Available  
\*\*Menu Subject to Change\*\*

<p><b>3</b> <b>Cinn. Bagel &amp; Cream Cheese</b> <b>Sliced Peaches</b> <b>Orange Wedges</b></p> <p>Pepperoni Pizza Romaine Salad Carrots Pineapple Chunks Orange Wedges</p>	<p><b>4</b> <b>French Toast w/ Ham Links</b> <b>Pineapple Chunks</b> <b>Power Punch Juice</b></p> <p>Teri Burger Potato Smiles Carrot Sticks Fruit Cocktail Fruit Slushy</p>	<p><b>5</b> <b>Papaya Bread &amp; Pork Links</b> <b>Applesauce</b> <b>Strawberry Apple Chips</b></p> <p>Chicken Tenders w/ Rice Baked Beans Carrots/Broccoli/Corn Applesauce Power Punch Juice</p>	<p><b>6</b> <b>Cereal w/ Toast</b> <b>Diced Pears</b> <b>Craisins</b></p> <p>Hot Dog in Bun Spiral Fries Carrots Apple Wedges Strawberry Apple Chips</p>	<p><b>7</b> <b>Pizza Bagel</b> <b>Fruit Cocktail</b> <b>Orange Wedges</b></p> <p>Turkey Pastrami Sandwich Veggie Sticks w/ Dip Edamame Peaches Fruit Slushy</p>
<p><b>10</b> <b>Waffle w/ Syrup</b> <b>Diced Pears</b> <b>Apple Wedges</b></p> <p>Cheese Pizza Romaine Salad Carrots Orange Wedges Power Punch Juice</p>	<p><b>11</b> <b>Cereal w/ Toast</b> <b>Fruit Cocktail</b> <b>Strawberry Apple Chips</b></p> <p>Incredible Burger Veggie Sticks w/ Dip Wedge Fries Diced Pears Fruit Slushy</p>	<p><b>12</b> <b>Ham Links w/ Rice</b> <b>Pineapple Chunks &amp; Banana</b></p> <p>Chicken Patty w/ Gravy Steamed Rice Baked Beans Carrots/Broccoli/Corn Sliced Peaches Power Punch Juice</p>	<p><b>13</b> <b>Cereal w/ Toast</b> <b>Sliced Peaches</b> <b>Power Punch Juice</b></p> <p>Tuna Sandwich Veggie Sticks w/ Dip Edamame Pineapple Chunks Fruit Slushy</p>	<p><b>14</b> <b>Sausage Patty w/ Rice</b> <b>Applesauce</b> <b>Orange Wedges</b></p> <p>Vegetarian Chili w/ Rice Romaine Salad Carrot Sticks Fruit Cocktail Apple Wedges</p>
<p><b>17</b> <b>Portuguese Sausage &amp; Rice</b> <b>Pineapple Chunks</b> <b>Apple Wedges</b></p> <p>Cheese Bites Romaine Salad Fresh Carrots Diced Pears Orange Wedges</p>	<p><b>18</b> <b>Pepperoni Pizza Stick</b> <b>Fruit Cocktail</b> <b>Craisins</b></p> <p>Fish Sandwich Veggie Sticks w/ Dip Pineapple Chunks Fruit Slushy</p>	<p><b>19</b> <b>Pancake w/ Syrup</b> <b>Diced Pears &amp; Banana</b></p> <p>Tasty Tenders Steamed Rice &amp; Roll Baked Beans Carrots/Broccoli/Corn Applesauce Banana</p>	<p><b>20</b> <b>Cereal w/ Toast</b> <b>Sliced Peaches</b> <b>Power Punch Juice</b></p> <p>Chicken Sandwich Rainbow Salad Edamame Fruit Cocktail Fruit Slushy</p>	<p><b>21</b> <b>Southern Pork Links &amp; Rice</b> <b>Applesauce</b> <b>Orange Wedges</b></p> <p>Popcorn Chicken w/ Rice Corn Carrots Peaches Power Punch Juice</p>
<p><b>24</b> <b>Cinn. Bagel &amp; Cream Cheese</b> <b>Sliced Peaches</b> <b>Orange Wedges</b></p> <p>Pepperoni Pizza Romaine Salad Carrots Pineapple Chunks Orange Wedges</p>	<p><b>25</b> <b>French Toast w/ Ham Links</b> <b>Pineapple Chunks</b> <b>Power Punch Juice</b></p> <p>Teri Burger Potato Smiles Carrot Sticks Fruit Cocktail Fruit Slushy</p>	<p><b>26</b> <b>Papaya Bread &amp; Pork Links</b> <b>Applesauce</b> <b>Strawberry Apple Chips</b></p> <p>Chicken Tenders w/ Rice Baked Beans Carrots/Broccoli/Corn Applesauce Power Punch Juice</p>	<p><b>27</b> <b>Cereal w/ Toast</b> <b>Diced Pears</b> <b>Craisins</b></p> <p>Hot Dog in Bun Spiral Fries Carrots Apple Wedges Strawberry Apple Chips</p>	<p><b>28</b> <b>Pizza Bagel</b> <b>Fruit Cocktail</b> <b>Orange Wedges</b></p> <p>Turkey Pastrami Sandwich Veggie Sticks w/ Dip Edamame Peaches Fruit Slushy</p>

