

# Wai'au Elementary School August 2017 Breakfast & Lunch Menu

(Breakfast in Bold)

\*Alt Cereals & Yogurt Breakfast Available  
\*\*Menu Subject to Change\*\*

\*\*1/2 pt. 1% White or Skim Chocolate milk included\*\*

# Welcome Back to School!

	1	2	3	4
<b>7</b>	<p><b>Pepperoni Pizza Stix</b> <b>Apple Juice</b> <b>Orange Wedge</b></p> <p>Crispy Beef &amp; Cheese Nachos House Salad Grape Tomato Orange Juice</p>	<p><b>Frankfurter &amp; Rice</b> <b>Peaches</b> <b>Grape Juice</b></p> <p>Fish Wedge Steamed Rice Baked Beans Rainbow Salad Fruit Slushy</p>	<p><b>Breakfast Smoothie</b> <b>Apple Wedges</b></p> <p>Breaded Chicken Tenders Steamed Rice Pickled Cabbage Broccoli &amp; Carrots <b>C</b> Seasonal Fruit</p>	<p><b>Coffee Cake</b> <b>Turkey Links</b> <b>Mixed Fruit &amp; Grape Juice</b></p> <p>Cheeseburger Potato Wedge Rainbow Salad Seasonal Fruit <b>D</b></p>
				<p><b>11 Ham &amp; Cheese Sandwich</b> <b>Pineapple</b> <b>Cranberries</b></p> <p>Asian Style Chicken Steamed Rice Broccoli &amp; Baby Carrots Coleslaw <b>E</b> Roll</p>
<b>14</b>	<p><b>Whole Grain Pancake</b> <b>Strawberry</b> <b>Apple Juice</b></p> <p>Chicken Patty on Bun Curley Fries Lettuce Leaf Tomato <b>D</b> Seasonal Fruit</p>	<p><b>Applesauce Muffin</b> <b>Pineapple</b> <b>Grape Juice</b></p> <p>Shredded Chicken w/ Gravy Mashed Potatoes Pan Roasted Vegetables Apple Wedge &amp; Peach Slice <b>E</b> Fruit Muffin</p>	<p><b>Egglette w/ WG Toast</b> <b>Papaya &amp; Pineapple</b> <b>Orange Juice</b></p> <p>Pasta Florentine House Salad Baby Carrots Fruit Cocktail <b>C</b> French Bread</p>	<p><b>Pizza Bagel</b> <b>Mixed Fruit</b> <b>Cranberries</b></p> <p>Italian Sausage Pizza Baked Beans House Salad Baby Carrots <b>F</b> Orange Juice</p>
				<p><b>18 STATEHOOD DAY</b> <b>HOLIDAY</b></p> <p><b>NO SCHOOL</b> <b>IN SESSION</b></p>
<b>21</b>	<p><b>Maple Pancake Wrap</b> <b>Sliced Peaches</b> <b>Cranberries</b></p> <p>Creole Macaroni House Salad Orange Wedge Fruit Slushy <b>A</b> French Bread</p>	<p><b>School Made Banana Bread</b> <b>Pineapple</b> <b>Grape Juice</b></p> <p>Hot Dog in Bun Tater Tots House Salad Apple Wedge <b>B</b> Orange Juice</p>	<p><b>Waffle w/ Fruit Topping</b> <b>Mixed Fruit</b> <b>Orange Juice</b></p> <p>Beef Stew Steamed Rice House Salad Mixed Fruit <b>C</b></p>	<p><b>Hawaiian Style Sausage</b> <b>Rice &amp; Grape Juice</b> <b>Seasonal Fruit</b></p> <p>Breaded Chicken Nuggets Steamed Rice Pan Roasted Vegetables Baby Carrots &amp; Hummus Pineapple Chunks <b>D</b></p>
				<p><b>25 Breakfast Quesadilla</b> <b>Pineapple</b> <b>Orange Wedges</b></p> <p>Baked Chicken Pasta Corn/Carrots/Edamame Orange Wedges Orange Wedges <b>E</b> WG Roll</p>
<b>28</b>	<p><b>Apple Pastry</b> <b>Apple Juice</b> <b>Orange Wedge</b></p> <p>Chili &amp; Cheese Fries Rainbow Salad Seasonal Fruit WG Roll <b>A</b></p>	<p><b>Breakfast Sliders</b> <b>Peaches</b> <b>Grape Juice</b></p> <p>Fried Saimin &amp; Egg Roll House Salad Grape Tomato Orange Juice <b>B</b></p>	<p><b>Mini Pancakes</b> <b>w/ Banana</b> <b>Apple Wedges</b></p> <p>Pork Gisantes Steamed Rice Broccoli &amp; Carrots Seasonal Fruit <b>F</b></p>	<p><b>Fried Rice &amp; Eggs</b> <b>Mixed Fruit</b> <b>Grape Juice</b></p> <p>Hot Dog in Bun Baked Beans Rainbow Salad Pom Swirl <b>C</b></p>
				<p><b>1 Cinnamon Toast</b> <b>Ham Links</b> <b>Pineapple &amp; Cranberries</b></p> <p>Pepperoni Pizza Coleslaw Broccoli &amp; Baby Carrots Sliced Peaches <b>D</b> Cookie</p>

This institution is an equal opportunity provider